

NORTHOLME PRACTICE



Spring Newsletter



The Surgery will be closed all day on:

Good Friday – Friday 10th April

Easter Monday – Monday 13th April

May Day – Friday 8th May

Spring Bank – Monday 25th May

Please remember to put your repeat prescriptions in to the surgery to see you over the Bank Holiday Period



when it's less
urgent than 999

Out of Hours Service

Between 6.30pm - 8.00am

Monday to Friday Weekends

and Bank Holidays.

THE OUT OF HOURS HUB SERVICE

Appointments available at:

Rastrick Health Centre

Monday to Friday 6.30pm-8.00pm

Spring Hall Group Practice

Saturday and Sunday 10.00am-2.00pm

Bank Holiday 10.00am-11.30am

Please let reception know if you wish to book one of these appointments.

CORONAVIRUS

There have been no confirmed cases of coronavirus in our locality. However in light of current events and according to advice from Public Health England, can we please ask that you visit www.gov.uk/coronavirus if you have any concerns about coronavirus, including travel advice, possible exposure and symptoms.

PLEASE DO NOT COME TO THE SURGERY

If you have visited any of the countries listed on this website within the last 14 days or have been in contact with someone who has had a **CONFIRMED** case of coronavirus **AND** have flu-like symptoms such as; fever, cough and difficulties breathing.

Please stay indoors and avoid contact with others.

Call **111** to inform them and get further information and advice on what to do next.

APPOINTMENTS

We have a book on the day system for appointments that are needed the same day. Patients ring the surgery at 8.00 am for a morning appointment and 11.00 am for an afternoon appointment.

Non-urgent/routine appointments can be made up to 4 to 6 weeks in advance either at the surgery or by telephone between 8am and 6pm Monday to Friday. Alternatively appointments can be booked online. Any home visits needed for that day should be phoned through by 11.00am at the latest.

Salaried GP

We would like to welcome back to the Northolme Practice Dr Jonathan Stancliffe as a Salaried GP

What the Northolme Practice has to offer.

Doctors. We have 6 GP Partners, 1 Salaried GP, 3 Registrars and 1 FY2 who work closely with Dr Chin, Dr Ross and Dr Howes.

Dr Ross and Dr Santhanam provide Minor Surgery. Dr Cameron and Dr Howes provide coil and implant fitting and removal.

Advanced Nurse Practitioner (ANP) Julie Gledhill, Julie Raine, Sarah Jowitt and Jenny Chambers. They work alongside the Doctors, they can refer and prescribe.

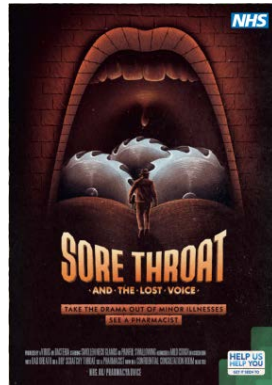
Practice Nurse- We currently have 3 practice nurses, Jane, Lauren & Savoula (Lead Nurse).

Practice nurses are qualified and registered nurses. They can help with health issues such as travel advice/immunisations, carry out cervical smears, offer advice about contraception, healthy living advice, routine vaccinations & dressings. The practice nurses also manage long-term health conditions such as asthma, COPD and diabetes.

Healthcare assistant- Helen supports the practice nurses with their daily work and carry out tasks such as injections (B12/flu/shingles/pneumococcal) for adults, spirometry (lung function tests), dressings, blood pressure measurement, including 24 hour blood pressure monitors, suture removal, smoking cessation advice, NHS health checks & new patient checks.

**HELP US
HELP YOU**

GET IT SEEN TO



Please visit your Pharmacy first for any advice needed on minor ailments.

EAR SYRINGING

We offer a limited ear syringing service for adults after being assessed by a clinician.

In general, we understand that irrigation should rarely be necessary. The most effective way to manage ear canal blockage due to wax or debris is the application of ear drops and/or olive oil, which should disperse excessive wax and regular application will prevent the build-up of wax. Brand names you may have heard of include Earex, Cerumol and Otex (there are others).

(Leaflets are available from reception):

Appointment DNAs (Did not attend)

There were 234 missed appointments from January and February 2020

Help us to help you

If you are unable to attend your appointment, please contact the surgery as soon as possible.

You can also cancel your appointment online, even if your appointment wasn't originally booked online.

Patients who fail to attend appointments on two or more occasions will receive a letter from the Practice, this may then lead to being removed from the Practice.

GP Online Services update...

Online access to your medical record - the surgery has recently enabled additional functionality to the online services we offer. Patients can now request access to their detailed medical record via the online service website or online service app.

Access for parents/guardians and carers, (known as proxy access) - the surgery will be introducing proxy access early this year. This will make it much more convenient for parents and carers to make appointments or request medication online on behalf of their children, or someone they care for.

Primary Care Network (PCN) Lower Valley

Clinical Director – Dr Alex Ross

Practices in the Lower Valley are

Church Lane Surgery, Longroyde Surgery, Northolme Practice, Rastrick Health Centre and Rydings Hall Surgery.

Our new Social Prescriber is Ella Fairbrother who joined us in January



The Registered population is 44,563.

Patient Group Meeting

Our next Patient Group Meeting (PGM) will be held Monday 27th April 2020. The meeting will be held at Northowram Surgery starting at 6.30pm to 7.30pm.

Drs, Chin, Ross, Cameron, Howes, Santhanam & Malone The Northolme Practice

Hipperholme Surgery
Roydlands Street
Hipperholme
HALIFAX HX3 8AF
Tel: 01422 205154



Northowram Surgery
Northowram Green
Northowram
HALIFAX HX3 7JE
Tel: 01422 206121

www.thenortholmepractice.co.uk